



WWW.SYMMETRYCHIROPRACTIC.COM

OPTIMAL SPINE=OPTIMAL POSTURE= OPTIMAL HEALTH

Do you suffer from seasonal ALLERGIES? Regular chiropractic adjustments can help with asthmatic and allergic reactions. Researchers have found that the immune and respiratory systems depend on normal communication from the brain and spinal cord to control and coordinate their functions. Make your appointment today for an examination to determine if you may be helped by chiropractic care.



Enjoy a complimentary chair massage by BODY TECHNIQUES! Ask us for details...

Say you're driving down the road and the oil light goes on. You pull over, pop the fuse box, and unplug the fuse- right? Of course not! The oil light is the indicator for a bigger problem. Without getting to the cause, who knows what kind of car damage you are in for. The same goes for pain and our bodies. By simply popping pain relievers and not addressing the source of the problem, there is no opportunity for a solution.

Posture is the window to the spine and nervous system, which is the central operating system for the body. This complex organization is solely responsible for controlling every function of your body. Anytime we have less



With this in mind, sit up straight like mom always said, and call Symmetry Chiropractic to help with your permanent postural correction. Your spine is your lifeline. Get it straight!

than ideal alignment of the vertebral column, we set ourselves up for less than optimal function. We all know someone with postural problems, which in many cases is the cause of new or reoccurring pain and health problems. It has been known for years, that posture can be a predictor of ones health.

The American Journal of Pain Management states, "Posture affects and moderates every physiologic function from breathing to hormonal production. Spinal pain, headache, mood, blood pressure, pulse and lung capacity are among the functions most easily influenced by posture."

(AJPM 1994 4:36-39)

SPECIAL OFFER!

\$80 COMPLETE INITIAL CONSULTATION AND EXAM

NOT TO BE COMBINED WITH ANY OTHER OFFER. NEW PATIENTS ONLY.

"Dr. Cynthia Boyd provides the best available Chiropractic spinal care. She is an expert in the most effective and scientific type approach to care of the spine. She has created a uniquely welcoming and relaxing office environment. It is my honor to endorse her and to encourage all persons to meet her and visit her practice."

-Kerri Duggins, D.C.

Life Chiropractic College West Health Center Director of Imaging

