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DO YOU OR DOES SOMEONE YOU KNOW HAVE SCOLIOSIS OR BAD POSTURE?

“90% OF OUR
BRAINS’ ENERGY
IS USED FOR
POSTURE
ALONE.”

-DR. SPERRY,
NOBEL PRIZE
WINNER

SCOLIOSIS IS A
SERIOUS SPINAL
HEALTH DISORDER

“Compared with age-
matched population
normals, juvenile
patients with
scoliosis were unhappier
with their lives. They
reported more physical
complaints and had
lower self-esteem and
higher depression
scores. Adult patients
reported more
psychological and
physical impairment
than in the population
norm.”

-Spine 2002;27:2052-
2058

Scoliosis is an abnormality of the spine, defined as a lateral (sideways) curvature of the spine. Its cause is unknown. Although its cause has not been determined, there are new conservative and effective treatment methods available. In the past, uncomfortable bracing methods were used to help straighten the spine and in some severe cases, rods have been implanted in the spinal canal for stability. After attending the Chiropractic Biophysics Semi-Annual Convention last month, I learned that these archaic treatment methods are no longer standard.

With early diagnosis and treatment, scoliosis is being



prevented and some even corrected to as near normal as possible with Chiropractic Biophysics protocols. This involves detailed postural and x-ray analysis, spinal and postural adjustments, postural exercises and modern chiropractic traction. There is also a new form of bracing involving a flexible and comfortable brace, unlike older methods.

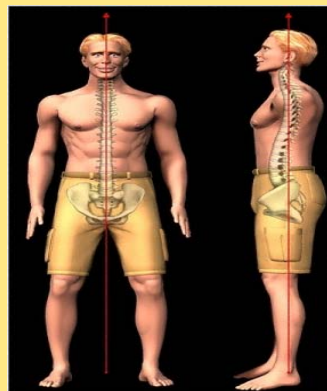
For optimal treatment results, early detection is crucial. The adolescent years are the best time to detect scoliosis.

Call today if you or someone you know could benefit from chiropractic care.

510-769-0125

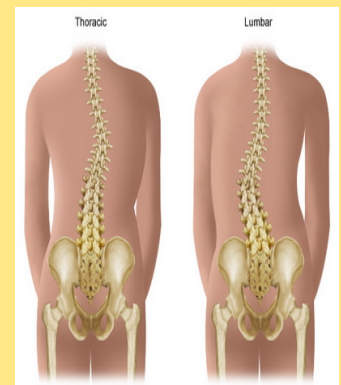
“THE DOCTOR OF THE FUTURE WILL GIVE NO MEDICINE, BUT WILL INTEREST PATIENTS IN THE CARE OF THE HUMAN FRAME, IN DIET, AND IN THE CAUSE AND PREVENTION OF DISEASE.”

-THOMAS EDISON



NORMAL

THE NORMAL SPINE SHOULD BE STRAIGHT FROM THE FRONT VIEW, AND HAVE CURVES FROM THE SIDE. POSTURE IS THE WINDOW TO THE SPINE. WHAT DOES YOUR POSTURE AND FRAME LOOK LIKE?



SCOLIOSIS